

AGIMI
(Albania)

A dance for men and women in segregated lines.

Pronunciation: AH-gee-mee

Record: Ciga & Ivon Despotović, Vol 3, Side 2, Band 2.
7/8 meter counted 1,2 - 1,2 - 1,2,3.

Formation: M in "T" pos; W in "V" pos.

Basic Step: Used throughout dance unless otherwise indicated:
Wt on L ft, lift L heel (small hop) raising R
knee (cts 1,2); step on R (cts 1,2); step
L,R,hold (cts 1,2,3).

Meas

Pattern

Dance may begin at the beginning of any 4 meas phrase.
In class a 4 meas introduction was taken.

I. FACING CENTER

- 1 M: Do Basic Step swinging R leg in a wide CW arc (cts 1,2);
turn to face LOD and step fwd on R (cts 1,2); step on L
beside R, turn to face ctr and step R beside L, hold (cts 1,2,3).
- 2-4 Repeat Basic Step 3 more times, alternating ftwk and direction.
- 1-4 W: Dance 4 Basic Steps just as M do, but free ft comes to
calf of supporting leg on the heel lift (cts 1,2).
- 5-8 M and W: Face diag L of ctr, move bkwd in LOD with 4
Basic Steps. M lift free knee high on heel lifts.
- 9-16 Repeat action of meas 1-8.

II. M AND W VARIATIONS

- 1-4 M: move fwd with 4 Basic Steps.
- 5 Do full squat, knees together (cts 1,2); jump up to demi-
squat, ft widespread (cts 1,2); hop on L, turning CW one
full turn in air (ct 1); step R to R to stop turn (cts 2,3).
- 6 Repeat action of meas 5 (Fig II), reversing ftwk and
direction of turn
- 7-8 Repeat action of meas 5-6 (Fig II).
- 9-12 Move bkwd with 4 Basic Steps
OR: During meas 5-8 M sway R and L alternately, one sway
per meas, bending and straightening knees on each meas.
- W: Release hands. Hold hands in front of face just below
eyes, R hand closer to face, palms out.
- 1-4 Move twd ctr with 4 Basic Steps.
- 5 Hands: Move R hand up and over L (cts 1,2); continuing to
circle R hand around L, turn palms twd face, fingers
pointing up (cts 1,2); rotate palms inward to end with
hands in orig pos (palms out) (cts 1,2,3). Hand movements
are flowing.
- Footwork: With ft together, turn heels to R, body turns
slightly to L (cts 1,2); bend both knees (cts 1,2); straighten
knees and face ctr (cts 1,2,3).

AGIMI (continued)

- 6-8 Repeat action of meas 5 Fig II, 3 more times, alternating ftwk. Hand movements repeat exactly.
- 9-12 Move bkwd with 4 Basic Steps, lowering hands and rejoining them in "V" pos on meas 12.

Repeat dance from beginning.

Dance notes by Virginia Wilder

Presented by Ciga Despotović

ŠUMADINSKO KOLO
(Serbia)

Serbian line dance.

Pronunciation: SHOO-mah-deen-skoh KOH-loh

Record: Ciga & Ivon Despotović Vol 3, Side II, Band 3. 2/4 meter

Formation: Escort pos, face R of ctr, wt on L ft.

MeasPattern

- 1-24 INTRODUCTION. (This is the music for Fig II).

I. CHUG BACKWARD; GRAPEVINE

- 1-2 Moving in LOD, step R,L,R (cts 1,&,2); L,R,L (meas 2 cts 1,&,2).
- 3 Face ctr, jump onto both ft in stride pos, knees bent (ct 1); hop on R, lifting L ft in back (ct 2); step on L ft in back of R (ct &).
- 4 Step on R ft to R side (ct 1); step on L ft in back of R (ct &); step on R ft beside L (ct 2).
- 5-6 Chug bkwd 4 times (2 per meas).
- 7 Moving sdwd RLOD, step on L ft to L (ct 1); step on R ft across in front of L (ct &); step on L ft to L (ct 2); step on R ft across in back of L (ct &).
- 8 Continuing in RLOD, step on L ft to L (ct 1); step on R ft across in front of L (ct &); step on L ft to L with plié (ct 2); hold (ct &).
- 9-32 Repeat action of meas 1-8, 3 more times (4 in all).

II. STEP-HOP FORWARD AND BACK Hands in "V" pos.

- 1-4 Repeat action of Fig I, meas 1-4, but much bigger - really move!
- 5 Step diag fwd L on L ft (ct 1); hop on L (ct 2); step on R ft fwd of L (ct &).
- 6 Step bkwd on L ft (ct 1); hop on L, circling R ft around behind L (ct 2); step on R ft behind L (ct &).
- 7-8 Repeat action of Fig I, meas 7-8 (Grapevine)
- 9-24 Repeat action of Fig II, meas 1-8, 2 more times (3 in all).

Repeat dance from beginning.

Dance notes by Virginia Wilder

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